POLICY: FCI: 02.01.03 Page 1 of 2

## Subject: Infant Food Packages - Non-Contract Infant Formulas

Effective Date: October 1, 2007 Revised from: February 28, 2007

**Policy:** Infants will not be issued non-contract infant formulas by the Kansas WIC Program. A non-contract infant formula is defined as the iron-fortified milk-based, milk-based without lactose and soy-based infant formulas not covered by the infant formula rebate. (See policy FCI: 02.01.02 Infant Food Packages – Primary Contract Infant Formula)

The infant formula rebate yields several million dollars a year. All the money is used to purchase foods for Kansas WIC clients. Issuing non-contract infant formulas reduces the rebate and reduces the number of WIC eligible Kansas citizens that can receive WIC services.

Reference: CFR §246.10

## Procedure:

- Review the concerns that lead to request for a non-contract infant formula with the caregiver.
   Many concerns, such as gastrointestinal problems, including vomiting, could also be caused by:
  - a. Incorrectly diluted formula or an unsanitary environment for formula preparation.
    - Ask or observe how bottles are prepared.
    - Ask how prepared formula is stored.
    - Ask what happens to partially used bottles of formula.
  - b. An unsafe water supply.
    - Ask if the source of water is a private well.
    - Ask if the water has been checked for safety and for nitrate content.
  - c. Illness Ask about other symptoms such as fever, colds, flu, etc.
  - d. Inappropriate feeding practices, including inappropriate burping or handling of infant during feeding.
    - Obtain diet history and check for early introduction of solids and juices or potential forced overfeeding. Also check for inappropriate liquids such as tea, "Kool-Aid™", soft drinks, water, etc.
    - Ask parent about burping and handling methods during feeding. Recommend gentle burping and handling of the infant during and after feeding.

## Subject: Infant Food Packages - Non-Contract Infant Formulas

- e. Stressful home environment Explore with the parent how things are at home. Infants are perceptive to surrounding environments -- especially family interactions.
- f. Level of stimulation Some stimulation is vital to infant development, but infants also need quiet time, low lighting etc.
- 2. If the history indicates that the issue is within a normal range, infants spitting up normal amounts of formula (dribbling 1-3 tablespoons at each feeding), or infants who are fussy or colicky (crying 1-3 hours/day is within the normal range).
  - a. Evaluate the growth chart for adequate weight gain and to provide reassurance.
  - b. Assure parents or caregivers that their infant is growing well on contract milk-based formula.
- 3. If the history indicates that the issue is formula sensitivity or an intolerance to milk-based infant formula, suggest changing to another primary contract formula. Allow at least several days before assessing results.
- 4. If the problem appears to be organic or psychologic pathology, refer to physician for evaluation.
- 5. Document the information in the infant's KWIC record.